



## **Sports Funding 2020-2021 Impact**

For the 2020/21 academic year, the school received a further £18,970 in Sports Premium. This was used to:

- Offer pupils the opportunity to try various sporting activities through coaches and competitions,
- Increase the confidence, knowledge and skills of all staff in teaching PE and sport,
- Increase participation in competitive sport,
- Improve/replace outdated resources,
- Recognised on track for 'Gold School Games Award'.

### **Our vision**

We aim to educate minds, develop healthy bodies, and promote positive attitudes towards a lifetime of physical activity, fitness, and sports skills. At our school we have developed a plan to ensure the Sports premium funding is invested to maximise the long-term impact of our PE provision for pupils and staff. We have worked in partnership with the School Sport Premium funding, School Games Program, the local School Sports Partnership and external agencies to deliver enjoyable, inclusive, diverse and competitive opportunities for all our pupils and offer excellent delivery.

### **Impact of COVID-19**

The number of children who were physically active fell during the 2019/20 academic year. The pandemic also restricted the type of activities children were able to take part in school due to the mixture of bubbles, visitors who were allowed into school and keeping safe overall. Our plan as a school was to reduce this dip in physical activity and promote as much sports as possible. However, due to the second lockdown, our plans were delayed but commenced as soon as the restrictions were lifted.

### **Extra-curricular clubs:**

- Key Stage 1: Pro-vision Sports, Multi-skills
- Key Stage 2: Pro-Vision Sports

### **Out of school activities:**

Due to the government guidelines, we were unable to arrange out of school activities and competitions. We hope to continue with our of school competitions in the new academic year. As you will see below, we have tried to maximise opportunities for physical activity in school through the use of coaches and partnerships with organisations.

### **In school activities:**

2019-2020	2020-2021
<ul style="list-style-type: none"><li>• Balance bikes (Reception)</li><li>• 'All Stars Cricket', 'Asylum Cricket' &amp; 'Mr K Cricket' ABC's (Year 1)</li><li>• Dance mats</li><li>• Bike Ability (Year 5)</li><li>• In-house Leadership Training (Year 5)</li><li>• Sports Relief 2020</li></ul>	<ul style="list-style-type: none"><li>• Bike Ability (Year 5)</li><li>• Learn to Ride (Year 5)</li><li>• Balance Bikes (Reception)</li><li>• All day skipping (KS2)</li><li>• All day football (KS2)</li><li>• Forest schools (KS1)</li><li>• Young Sport Leader training (Year 6)</li><li>• School Games Organisation Competition (KS1 and KS2)</li><li>• Yorkshire Sports Coaching Sessions (Whole school)</li><li>• Sports Relief 2021</li><li>• Yoga (Whole school)</li><li>• Sports Day 2021</li></ul>

The table above shows the increase of physical activity in school since 2019. We have broadened the sporting opportunities available and further embedded PE as an essential part of school life.

### **The impact within this provision has been:**

- Warwick Road Primary School was announced one of the West Yorkshire Sustainability winners in the Yorkshire Primary PE Awards 2020, organised by the Yorkshire Sport Foundation.
- Increased participation in extra-curricular activities, with children taking a wider interest in sport generally. This has been commented on through pupil questionnaires, dialogue with lunchtime supervisors. Additionally, a school register has been kept throughout the year. The Pro-vision sports club was very popular. Many schools have neglected the idea of after school clubs; however, at Warwick Road we believe that an extra hour during the week can make a significant difference to a young person. More importantly, throughout the pandemic, children have become isolated from sports and physical activity which has had a direct effect on Physical and Mental Health. Our COVID secure after school club (one bubble a term) and our talented team of sports coaching professionals from ProVision Sports have ensured that every child learns, enjoys and reconnects with sports whether they are an experienced sports person or completely new to the field.
- During PE lessons, children have the opportunity to discuss the benefits of exercise and have established a positive relationship with physical activity. We have developed the link further by completing assemblies where the focus has been on PE, healthy bodies and healthy minds. Warwick Road has also led Parent Meetings to discuss the impact that a healthy active lifestyle can have on wellbeing.

- This year we have partnered up with Yorkshire Sports Coaching to create a 'Recovery Curriculum' to compensate for the missed sporting activities during lockdown. The instructors are booked in every Tuesday to deliver a focus session and lunch-time club to a specific year group. For each year, we decided on an area to target during this term. For example, the focus area for Year 4 was 'Swim-Safety' as children had missed out on weeks of swimming. Children will be able to use the learning points from this session and apply them to their swimming lessons which commenced in the summer term. For Year 5 and Year 6, the coaches have carried out a session on the link between physical activity and positive mental health. Children are able to use these strategies during anxious or stressful periods such as testing week and further utilise these approaches in high school.
  
- We have a close partnership with the North Kirklees School Sport Organisation who provide and enhance sport, health and wellbeing programs to support Schools with their pupils, staff and parent's physical literacy and engagement opportunities. Through the organisation our pupils from Reception to Year 6 have had the opportunity to stay active by taking part in the activities below:
  - Bike Ability (Year 5)
  - Dance Mats (KS1 and KS2)
  - Learn to Ride (Year 5)
  - Balance Bikes (Reception)
  - All day skipping (KS2)
  - All day football (KS2)
  - Forest schools (KS1)
  - Young Sport Leader training (Year 6)
  - Archery (Year 6)
  - School Games Organisation Competition (KS1 and KS2)

Through partaking in these activities, children clearly demonstrate the six School Games values: Respect, Passion, Self-Belief, Determination, Honesty, Teamwork. Furthermore, children are learning to show 'sportsmanship' qualities when competing in all interschool tournaments.

- The evidence is strong that healthy and active pupils are effective learners and that the social and emotional wellbeing of students goes hand in hand with raising achievement. Especially after the pandemic, wellbeing has been our priority at Warwick Road and we have promoted positive mental health and wellbeing through sports. Recently, during Red Nose Day, our focus was 'keeping active'. All year groups had a chance to work with a qualified sports coach to simply raise physical activity and have a fun and active day. Children also had the opportunity to work with a professional yoga instructor and completed calming yoga poses to help with ease anxiety and nervousness. Children use the poses learnt on a daily basis such as the 'cosmic egg' to free their mind and disconnect from the outside world and find inner peace.

- Year 4 children did not receive the full entitlement of swimming lessons this year and the previous academic year due to COVID-19. Our plans as a school is to use the leftover premium to fund extra swimming lessons for Year 5 and Year 6 (Year groups impacted by Covid in Year 4). This will aid all pupils to competently, confidently and proficiently swim the required distance of at least 25 metres.

### **Reflection**

Thanks to the dedication and resourcefulness of parents, teachers, coaches and organisations who have helped deliver these activities, the drop during the period between April and May (when restrictions have started to ease) has been significantly less than it was for children earlier in the pandemic. Teachers have been able to use the coaches as learning models and gain valuable CPD to incorporate their teaching styles and techniques into their PE and wellbeing lessons. Lunchtime supervisors have been able to model the activities the coaches have led during the lunchtime club to promote an active playtime.

**We aim to continue to develop all aspects of PE within school life. We will endeavour to provide a balanced PE Curriculum to enable and encourage pupils to adopt a healthy lifestyle and to find a sport that they will enjoy. In addition, we aim to continue working alongside external organisations and skilled teachers to enhance teaching skills and improve the levels of physical activity further.**