

8.1 The school has identified links with appropriate local health, social care and voluntary and community sector services.

Key External Agencies

Mental Health

For general information and support

www.youngminds.org.uk

champions young people's mental health and wellbeing

www.mind.org.uk

advice and support on mental health problems

www.minded.org.uk (e-learning)

www.time-to-change.org.uk

tackles the stigma of mental health

www.rethink.org

challenges attitudes towards mental health

For support on specific mental health needs

Anxiety UK www.anxietyuk.org.uk

OCD UK www.ocduk.org

Depression Alliance www.depressoinalliance.org

Eating Disorders www.b-eat.co.uk and www.inourhands.com

National Self-Harm Network www.nshn.co.uk www.selfharm.co.uk

Suicidal thoughts Prevention of young suicide UK – POPYRUS: www.papyrus-uk.org

Thriving Kirklees :

Children's Emotional Wellbeing Service (ChEWS): Works with children aged 5-18 offering short term interventions where emotional needs are impacting on their day to day lives.

CAMHS - <http://www.southwestyorkshire.nhs.uk/services/camhs-kirklees/>

SEND

Children's Speech and Language Therapy

<https://www.locala.org.uk/your-healthcare/childrens-speech-language-therapy/>

Autism:

PCAN:

An independent, parent-led forum in Kirklees for all parents and carers of children and young people with additional needs aged from birth to 25 years.

The Whole Autism Family:

A voluntary support group formed by parents, with all money they raise going directly into supporting families affected by autism. Contact: 07564 256626 or info@thewholeautismfamily.co.uk

Dewsbury and District Autism Support Group:

A social help group for anyone who is in close contact with a child or young person on the autism spectrum and other associated conditions. Provide social interaction, activities and support to children with autism, young people and their parents/carers and siblings. They also support those that do not have a diagnosis but still show these traits. Contact enquires@ddas.org.uk

Cerebra UK:

Provide sleep support to any family who have a child aged 0-16 with autism or other neurological conditions, development delays or learning difficulties – or who are awaiting an assessment. Telephone – 01267 244200 or 0800328 1159 – enquiries@cerebra.org.uk

The National Autistic Society Autism Helpline:

Information and advice for young people who are autistic, or family members or carers of someone on the autism spectrum – telephone: 0808 800 4104.

Family Support Services

<https://homestart-kirklees.org.uk>

<http://prevent-uk.org>

Help in the prevention of harm from drugs, crime and online threats.